

Mental Health Counselling and Social Support

Contacts for advice, mediation and help:

Mental Health:

If you feel depressed, lonely, or hopeless or you discovered problems with your mental health, you can find help here:

Psychosocial counselling for Students:

<https://www.studentenwerk-freiberg.de/mittweida/counselling/psychosocial-counseling/en/>

Social Problems of all kinds:

If you are in dept, need special advice for your health or pregnancy and family issues, you can find contact points and addresses here:

External consulting services:

<https://www.studentenwerk-freiberg.de/freiberg/counselling/external-consulting-services/en/>

Social Contact Point of Hochschule Mittweida:

Tel.: (0 37 27) 58 13 82

sozialkontaktstelle@hs-mittweida.de

<https://www.hs-mittweida.de/webs/campusbuero/>

Besucheradresse:

Am Schwanenteich 4a, (Anbau Haus 3)